

Epic Adventure | Co-Ed | 14+

PAMLICO SEA BASE

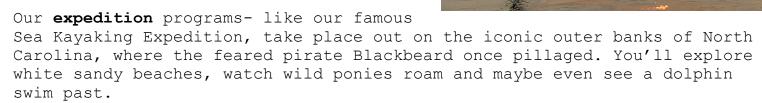
2023 Leader's Guide

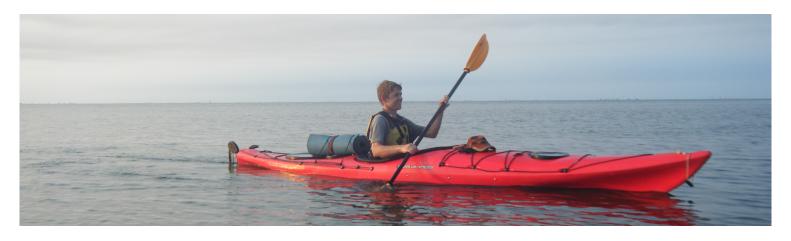


WELCOME

Pamlico Sea Base offers high adventure experiences for scouts in Eastern North Carolina. Our base camp is located on the banks of the expansive Pamlico River, where the salty waters of the Pamlico Sound meet the freshwater of the Tar River. Our sandy waterfront is lined with cypress trees that look out over miles of open water.

All of our programs are extremely customizable to suit your group's needs, wants, and budget.





Our **base-camp** programs spend half to 3/4 of their time at the base camp location, with planned excursions for exciting adventures to the outer banks (the beach). Accommodation for these programs are cabins and tents at base camp.

Our **expedition** programs spend some time at our base camp and at least half of their time out at activity destinations, like the outer banks.

We are on the same property as Camp Boddie, so bring your younger scouts for merit badges and send your older scouts for high adventures with us!

Programs At A Glance

**More detailed information for each of these programs can be found in their respective program planning packet, available for download on the Pamlico Sea Base website

Sea Kayaking Expedition

Explore the wild and rugged islands of Cape Lookout National Seashore by sea kayak.

After learning
everything you need
to know for your
expedition on
Sunday, we'll
drive to the Outer
Banks on Monday to
launch our adventure.
Push off from mainland
with everything you need
for a week in the wild!

Each day you'll kayak from one uninhabited island to another, camping on pristine beaches each night and swimming in warm blue waters each day.

You'll see wild ponies, visit a historic lighthouse, and hopefully spot some dolphins!

-All kayaking and camping equipment provided

-Route is determined by
weather, tides and
 participant goals +
 skill level

-Some groups will be able to achieve the 50 miler award





IBX Adventure

Get a little taste of everything and a whole lot of adrenaline!

This program is highly customized to suit your group. You'll explore the inner and outer banks of Eastern North Carolina, using our facility in Blounts Creek as a base camp.

At our beautiful waterfront base camp:

- Practice Small Boat sailing
- Explore the river by kayak or canoe
- Get some thrills on the jet skiis
- Tube, wakeboard and water ski



Take a day trip (or overnighter) to the outer banks for:

- Deep sea fishing
- Beach day at the Cape Lookout or Atlantic Beach
- Maritime Museum visit
- Pine Knoll Shores Aquarium
- Fort Macon

Blackbeard Sailing Expedition

Anchors away on this 5-day sailing adventure along North Carolina's

famous inner- and outer banks.

Learn to sail and navigate larger vessels as you tour infamous pirate hideouts, uninhabited islands

and a historic lighthouse.

Sail into the oldest incorporated town in NC, Bath, where Blackbeard

once lived. Then navigate Beaufort Inlet, where he scuttled his

flagship, the "Queen Anne's Revenge". Spend the night on the beach at Cape Lookout, the oldest operating lighthouse in NC. Build camaraderie amongst your crew as you work together to explore the pristine waters of the Pamlico and Neuse

Rivers and sounds along the outer banks.



SCUBA

Pamlico Sea Base, in conjunction with Rum Runner Dive Shop, offers you the safest and highest quality SCUBA training in a top five world diving destination. RRDS guides will instruct participants in basic diving skills and equipment safety. Classroom instruction is balanced with daily swimming pool practice sessions.

Towards the end of the course, divers have a chance to test their skills at a local rock quarry and a shore-based beach dive. The highlight of the week is an open ocean dive during which participants are evaluated for their NAUI certification. Pamlico Sea Base will provide logistical support, food and lodging for participants.

Registration Info, Dates & Fees

Camp Dates

Each camp week starts on Sunday at check-in. Sea Kayaking and Sailing Expeditions must arrive no later than 1pm. Inner Banks Adventure can arrive no later than 3pm. Check out is Saturday morning after breakfast at 9am.

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
June 11-17	June 18-24	June 25 -July 1	July 2-8	July 9-15	July 16-22
IBX + Kayaking Expedition	IBX + Kayaking Expedition	IBX + Kayaking Expedition	Sailing SCUBA Kayaking Expedition	IBX + Kayaking Expedition	IBX + Kayaking Expedition

Program Cost & Registration

Pamlico Sea Base programs cost \$550 per participant except SCUBA and the Sailing Expedition.

Please refer to the PSB website for pricing details on SCUBA and Sailing Expeditions. We require preregistration deposits per person to reserve a spot for each program if you are not paying in full at that time. The deposit is non-refundable and is credited towards your total amount due. Pre-registration holds your spot. You must be fully registered (paid in full) by the end of registration. Registration dates are as

	All Programs
Registration Starts	Oct 1 2022
Registration Ends	May 1 2023

Group Sizes & Registration

Group Registration is the most common method by which units register for programs. Group sizes can vary but traditionally have at least 6-8 youth and 2 adults. The maximum group size cannot exceed 12 total including youth and adult leaders. Sailing group size is limited to 7. This limit is for safety, equipment availability, and to ensure your group has the best possible trip experience. If your group size is less than 12, you may be combined with another small group or provisional scouts may be added to create a full size group. All units will be notified prior to being combined.

Provisional Registration

Provisional registrations and participation is encouraged and accepted in all Sea Base programs. Scouts and Venturers are welcome to participate in the programs without the rest of their units. In the event that an individual registers for any program they will be combined with other participants to create a full size crew.

Units who are attending Pamlico Sea Base can also sign their younger youth up for any Camp Boddie Summer Camp. The schedules of both camps are the same; arrival and departure times, so that you may arrive together. Camp Boddie and Pamlico Sea Base are also located on the same property.

Please read over this section carefully. This critical information regarding the payment of fees and the due dates for certain fees.

Payment Schedule

Pre-Registration— Deposit is due per person to reserve a slot in a program (non-refundable) Deposit cost is \$50 per person for all programs except the Sailing trek which is a \$200 deposit

May 1st 2022- All fees are required to be paid in full. Units are required to submit all registration forms, and a complete Unit Roster

UNITS OR INVIVIDUALS WHO DO NOT MAKE FULL PAYMENT BY THIS DATE WILL LOSE THEIR RESERVATIONS TO ANOTHER GROUP ON THE WAIT LIST

Payment Methods

Credit Card: Please send the *Hold a Slot Reservation Form* or *Payment Form* by either faxing it to 252-522-9707 or by email to <u>aimee.nethercutt@scouting.org</u> then call Aimee Nethercutt at 252-522-1521 with credit card information.

By Check: Make checks payable to East Carolina Council, BSA and mail to the following address:

East Carolina Council, BSA
Attn: Pamlico Sea Base
PO Box 1698 Kinston, North Carolina 28503

Who to contact

Questions regarding *registration*, *payments or any other general information* contact Jessica Welden at Jessica.Welden@scouting.org or Judy Phillips at judy.phillips@scouting.org or 252-522-1521

Question regarding *logistics or trek planning* please text or call Sea Base Director Ali Williams at 919-601-8086 or by email at <u>ali@wayfinderoutdoors.com</u>

Refund Policy

All refund requests must be on the refund request form: Please understand that these programs require extensive planning. Most of the fees are actually spent before you arrive in camp on food, equipment and staff. Refund policy is noted below:

Refund requests must be received prior to May 1, 2023

All fees will be returned expect for the non refundable fee of \$50.00 per participant for all programs except \$300 per boat for Sailing Trek

- Requests received after May 1, 2023 WILL NOT receive reimbursement NO EXCEPTIONS
- Requests received for "no-shows", change of mind, and lack of leadership will not be honored
- Request for refunds received for Participant departing camp early for any reason will not be honored
- Refunds are not given at camp but (once verified) are processed from the council service center. A check will be mailed to the unit leader not the Scout.
- Refunds will not be issued due to inclement weather

General Information

Age

All participants must be a registered Scout, 14 years of age by the start of the program.

Conduct Policy

The majority of the property and facilities used by Pamlico Sea Base are either privately owned or operated by the National Park Service. For this reason we expect every participant who attends the Sea Base to act in accordance with Scouting values and principles. Your help in this will ensure that we maintain good relationships with these individuals and organizations, and continue to promote the reputation of the Boy Scouts of America as a highly regarded youth organization. **Those individuals that do not do so will be asked to leave the Base Camp or be removed from the route they are on at the time at their own expense**. The Sea Base cannot provide supervision should a participant be removed from the trek for discipline reasons, they must be sent home at their own expense. An adult leader or an additional youth will be required to come off the trail to provide supervision and assist with transportation arrangements in the event a participant is sent home. Restitution for damages caused on or off camp property will be billed to the Scout's parents or the Unit.

Directions to Sea Base

The physical address is: 419 Camp Bonner Boy Scout Rd, Blounts Creek, NC 27814

Sunday Check In

Registration will not begin until **1PM** on Sunday afternoon. Groups who wish to arrive early must understand that no program will be available until this time. It is strongly recommended that crews for all programs arrive before 4:00 PM Sunday.

General Information

Leaving Camp

Anyone leaving camp must check out at the Sea Base office. Youth members (under 18) who leave camp property at any time must be released to a parent or legal guardian. A designated individual may remove a youth member from the facility only when a letter of authorization and approval from the parent or legal guardian and proper identification are provided. Please fill out the Scout Early Release Form.

Shower Facilities

BSA policy prevents youth 6 to 17 years of age and adults 18 years of age and older from sharing shower or sleeping facilities. The Sea Base shower facility provides nine fully enclosed rooms. Each room has a shower stall, toilet, sink and changing bench. These separate accommodations satisfy the existing rule.

Patch

The Sea Base will include a patch for every participant. Those that complete the sea-kayaking 50-miler will receive our special "Paddle or Die Club" Patch as well as the BSA NPS Resource Ranger Award for those that qualify.

Parking and Vehicles

The main parking lot is located by the Sea Base facilities. Once your group has checked in we expect cars to remain parked here. The only vehicles allowed on the service roads are those with special permission from the Sea Base Director. Only adults 21 years of age or older are allowed to drive vehicles in camp. While a unit is off camp property, car keys can be kept in the director's lock box. Any other gear or valuables are expected to be stored in private vehicles. Never leave valuables in tents or unattended. The Sea Base is not responsible for lost or stolen items.

Alcohol & Illegal Drugs

All drug and alcohol laws of the State of North Carolina are strictly enforced. Alcohol beverages are not permitted on camp proper- ty or while participating in a sea kayaking trek. Any persons violating this policy will be asked to leave or evacuated from their trek at their own expense following outlined conduct policy.

Fireworks

In accordance with BSA policy and Cape Lookout National Seashore, fireworks of any kind are prohibited.

Tobacco Use

In accordance with BSA recommendations, the use of tobacco products is undesirable. Adults are requested not to use tobacco products in the presence of scouts. The use of tobacco products in any camp facility (including camp tents) is strictly prohibited.

Early Departure Transportation Costs

Scouts and Adult Leaders who wish to return home before the end of their trek for reasons other than illness or injury are responsible for any transportation costs involved. This includes reimbursement for gas cost, in addition to any applicable ferry charges for individuals and their boats. Payment expected to be made directly to Pamlico Sea Base. Injuries due to negligence do not qualify.

General Information

On-site Housing

The facilities at the Pamlico Sea Base are for those individuals who are participating in one of the programs. The Sea Base does pro- vide overnight facilities for guest and visitors.

Pre-Camp Orientation

After pre-registering for a program each adult point of contact will receive a Trek Planning packet with detailed information and directions for the specific program that they are signed up for.

Camp Mailing Address

Pamlico Sea Base 419 Camp Bonner Boy Scout Rd Blounts Creek, NC 27814

Medical Services

The camp will provide a qualified medical officer who is available at all times. In the event that outside help is needed the appropriate medical facility will be contacted depending on your location.

Buddy System

The Pamlico Sea Base operates under the guidelines set forth in the Buddy System.

Staff Areas

All staff areas and buildings are off limits to all non-staff members.

Lost and Found

The Pamlico Sea Base and East Carolina Council, BSA will not be held responsible for the loss of or damage to personal or troop property and equipment. Any personal equipment left at camp will be mailed to the owner upon their request at their expense.

Chapel Service

Every Sunday evening there is an interdenominational chapel service held at the Camp Chapel

Special Dietary Needs

Should any Scout or adult require special dietary needs **related to health or allergy concerns** should inform us as soon as possible before their arrival at camp. Individuals who do not contact the camp ahead of time will be responsible for their own supplements. Please have parents call the director directly. THIS INCLUDES GLUTEN ALLERGIES.

Early Arrivals

Units or individuals who need to arrive early should contact the camp either by phone or email before their arrival at camp. Units who do arrive early will be responsible for their own meals until Sunday Dinner. **All requests must be submitted by May 15th.**

Degree of Difficulty

Sea Base kayaking treks range greatly in degree of difficulty. **How 'challenging' your trek is mostly up to your group, and also the weather.** Our goal is to provide you with a trek that meets the needs of all your participants.

Flexibility

When reviewing the Trek Planners for all programs, but especially Sea Kayaking and Sailing expeditions, keep in mind that the published destinations are not set in stone. The published routes are more like templates that your crew can use to mold your own route. This is your week at camp and we will do everything we can to provide you with the trip you want.

More information is available in the individual program guides.

Pamlico Sea Base Registration Form

Unit:	Council Number: Council:						
Troop /	Crew Cont	act:					
Street A	Address:						
		State:					
Best Contact Number:			A	lt number:			
Email: _							
Please choose a week:							
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
	June 11-17	June 18-24	June 25 - July 1	July 2 - 8	July 9 -15	July 16 - 22	
	Week 1	Week 2 V	Veek 3 We	eek 4 W	eek 5\	Week 6	
Plea	ase choose a	a program:		Number o	f Participa	nts:	
Sea Kayaking Expedition		Youth Males:					
	IBX Adventure		Youth Fem	Youth Females:			
	Sailing Expe	dition		Adult male	Adult males:		
SCUBA			Adult fema	ıles:			

Return this page along with deposit per person to:

East Carolina Council PO Box 1698 Kinston, North Carolina 28503

Payment Transmittal Form

Troop #	District		
Council:	Week at Camp:		
Program:			
Contact Information:			
Best Contact #:			
Payment Information We are paying for:			
# Youth Males#	Youth Females		
# Adult Males# A	dult Females		
Units are required to submit all re	e per person to reserve a slot in a program (no egistration forms, and a complete unit Roster. U AKE FULL PAYMENT BY THIS DATE WILL LC GROUP.	JNITS OR	
Pay by check # da	ated in the amount of		

Return this page to:

East Carolina Council PO Box 1698 Kinston, North Carolina 28503

Refund Form

	Council Number:	Council:
roop Contact:		
Street Address:		
City:	State: _	Zip Code:
Best Contact Number	er: Alt.	Number:
:mail:		(very important)
REFUND POLICY		
<u>-</u>	be received prior to May 1, 20	
all fees will be returned except \$300 per boat for		e of \$50.00 per participant for all programs
 Requests received for Request for refunds honored Refunds are not give check will be mailed 	or "no-shows", change of mind, received for Participant departin	
Reason for refu	nd request (be specific)
<u>-</u>	• •	ved, payment will be sent by check to
<u>-</u>	oe reviewed and, if approv the 'Reservation Owner"	• • •
<u>-</u>	• •	, · · · ·

PO Box 1698

Kinston, North Carolina 28503

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Swim Check

Troop / Crew #: _	Week #:	
Council:	Program:	
	Swim Test Qualific	cations:

A Swim Test can be administered by a currently certified BSA Lifeguard, Aquatics Instructor, Red Cross Lifeguard, or an adult trained in BSA Aquatics Supervision: Swimming and Water Rescue. A copy of the administers card must be attached. The Camp Administration reserves the right to retest any individual.

Swimmers pass the test: Jump feet first into water over the head in depth. Level off swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudge, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be completed in one swim without stops and must include at least on sharp turn. After completing the swim, rest by floating.

Beginners pass this test: Jump feet first into water over the head in depth, level off, and swim 25 feet on the surface. Stop, turn sharply, resume swimming and return to starting place.

Anyone who has not completed either the beginner or swimmer test is classified as a non-swimmer.

Name	Birthday	Classification